

IMPROVE THE QUALITY OF YOUR LIFE ...

.....TODAY



EXER-KINGTM
THE TOTAL POWER

FLUID-TECH
FITNESS
REDEFINING FITNESS

A Luthra Enterprise

A MOST COMPACT HOME GYM EQUIPMENT

EXER-KING™ The Total Power

We at **Fluid-Tech Fitness**, Mumbai, introduce for the first time in India a most compact Home Gym Equipment, **EXER-KING™** The Total Power.

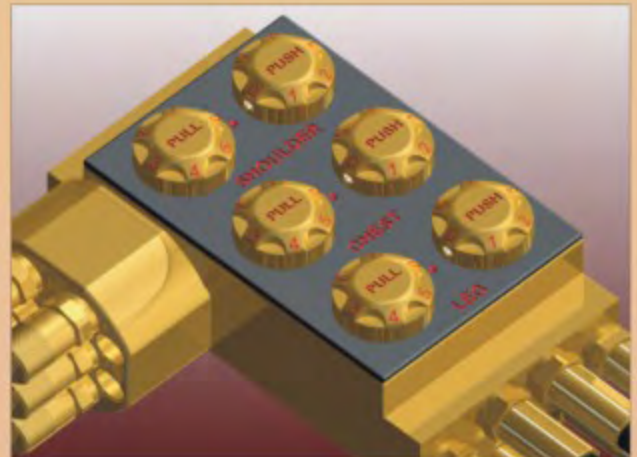
In today's fitness conscious world, as work-out time gets shorter, health clubs are no longer the answer. So one's alternative is to set up a gym in the convenience and privacy of one's home. **EXER-KING™** The Total Power with its omnikinetic resistance provides all this and more.

This compact and safe Home Gym Equipment is :

- * Approved by Dr. Ali Irani (Hon. Chief Physiotherapist, Dr. B. Nanavati Hospital, Mumbai) as one of the best Home Gym Equipment he has ever tested and is rated by him to be of International Quality.
- * Won't discourage beginners, women, youngsters, the elderly or the out-of-shape from even beginning a conditioning program.
- * Is safe enough for elementary school-age children and also their grandparents, yet tough enough for professional athletes, because it automatically adjusts to each individual's output.
- * Most comfortable sitting position for workout. A seat belt is provided for getting proper body hold.
- * Provides maximum conditioning in minimum space and time.
- * Can be easily used by people having back problems without any fear of having any complications
- * Is free-standing and quiet, with no chains, pulleys, cams, cranks, water buckets, cables or weights.
- * Self adjusting Omnikinetic Hydraulic Cylinders which automatically and continuously adjusts to the strength, power, speed output and need of the person using it.
- * Powder coated frame of the machine made out of thick gauge pipe for durability.
- * Variable resistance without being tied to a pre-set speed of movement.
- * Maximum aerobic training.
- * Diminished possibility of injury. (User never meets more resistance than he can handle).
- * Reduction in muscle soreness following exercise.
- * Optimal overload of the anaerobic energy system.
- * 100% indigenously manufactured.
- * It is an excellent equipment for rehabilitation.
- * It is 70 inches in length, 34 inches in width, 70 inches in height and weight is 250 lbs.



Six read-out gauges for indication of resistance for all six independent movements.



Resistance variable by the twist of control knobs provided on left side of the seat having six different settings



Manufactured by:

FLUID-TECH
FITNESS
REDEFINING FITNESS

1st Floor, Bombay Rubber Works Compound,
Kamani Oil Mill Lane, Off Saki Vihar Road,
Chandivali, Mumbai - 400 072. INDIA.
Telefax : 091-22-28478855.

Website : www.fluidtechfitness.com